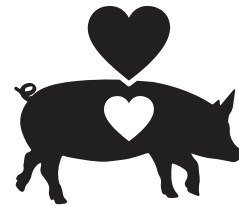


Setting GOALS!

Living without GOALS is like running a race without a Finish Line. It is a lot of work with no sense of fulfillment. Start by setting an ULTIMATE GOAL in the center of the circles then fill in the other GOALS. The other GOALS are what's necessary to accomplish in order to reach your ULTIMATE GOAL. Make your GOALS achievable with effort. Make them something worth fighting for.



WHAT'S YOUR BACON?
MASTER HAPPINESS

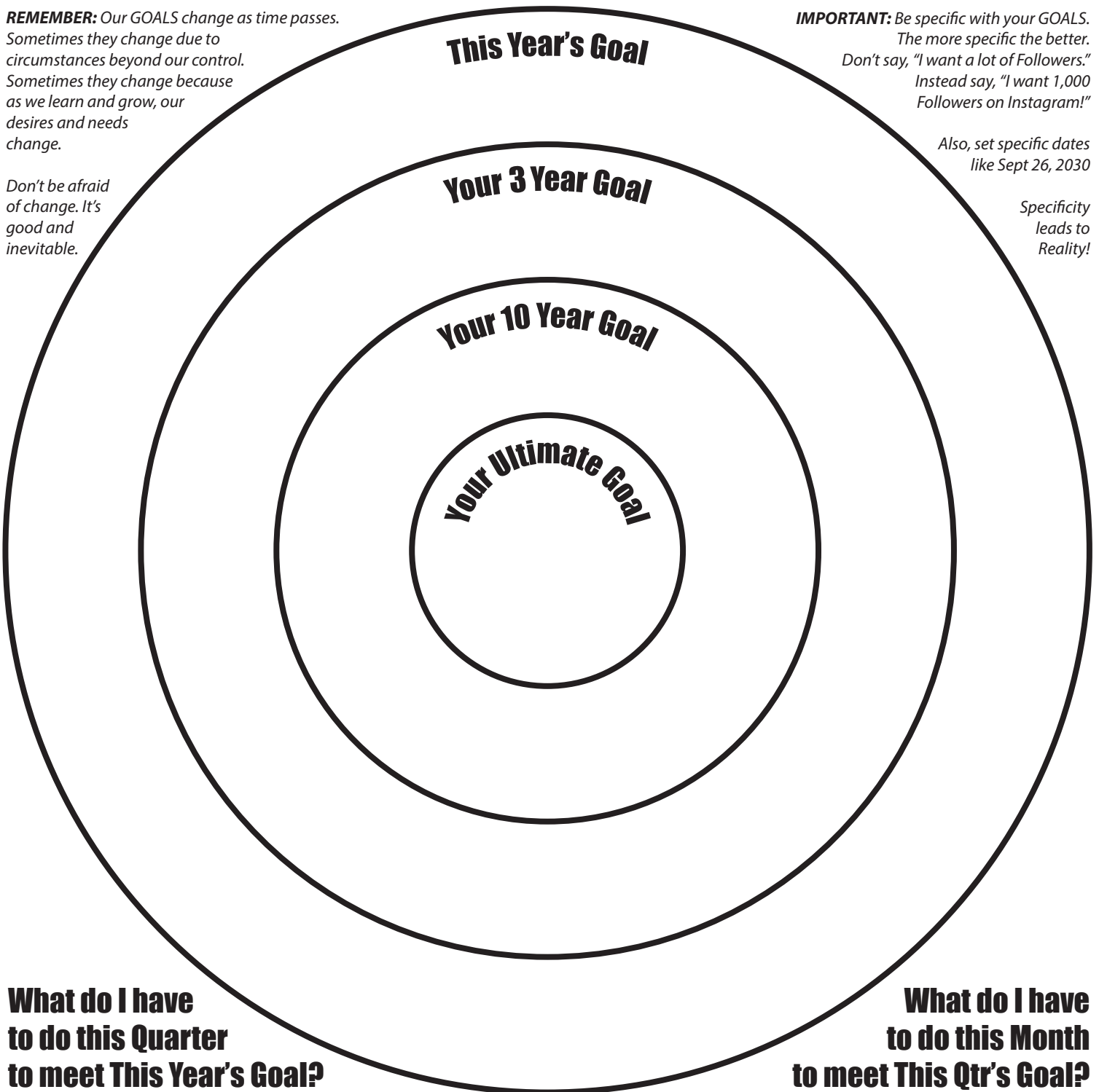
REMEMBER: Our GOALS change as time passes. Sometimes they change due to circumstances beyond our control. Sometimes they change because as we learn and grow, our desires and needs change.

Don't be afraid of change. It's good and inevitable.

IMPORTANT: Be specific with your GOALS. The more specific the better. Don't say, "I want a lot of Followers." Instead say, "I want 1,000 Followers on Instagram!"

Also, set specific dates like Sept 26, 2030

Specificity leads to Reality!



What do I have to do this Quarter to meet This Year's Goal?

What do I have to do this Month to meet This Qtr's Goal?
